



Welcome to CircleSongs Phoenix!

What is a CircleSong?

The term CircleSong was coined by the innovative, improvisational singer Bobby McFerrin as a way to explain his process of community singing, a tradition of several indigenous cultures around the world. Singers stand in a circle with one person (aka the “conductor” and “composer”) in the middle who leads the singers in a song, introducing different motifs or musical phrases to each singing section. This person can then sing a solo in the middle of the circle and/or invite others into the circle to sing solos. CircleSongs are all spontaneous and improvised, meaning they are not rehearsed or planned ahead of time. They are born out of in-the-moment inspiration and imagination.

CircleSongs provide rich opportunities to:

- Express yourself creatively
- Break down social barriers (language, culture, etc.)
- Strengthen connection to yourself
- Foster cooperation, teamwork, and community
- Support yourself and others in creative, uninhibited expression
- Promote self-confidence and a sense of accomplishment

Basic Tenets of CircleSongs:

1. We are all creative beings with a song inside us to sing.
2. There are no mistakes, just opportunities for self-expression and self-growth.
3. Your fellow singers want you to succeed.

Who Should Attend:

Anyone interested in the creative and healing power of vocal music. Singers of all levels are welcome, age 18 and older. Vocal percussionists and beat boxers welcome.

When are CircleSongs Phoenix Held:

Join us the second Wednesday of each month (starting January 9, 2013) from 6:00PM-7:00PM.

Where are CircleSongs Phoenix Held:

After looking at and considering several local spaces in the central Phoenix area, Krylyn was fortunate enough to find the perfect place to hold CircleSongs Phoenix. Canyon Records is a local recording studio that has been recording Native American music for 60 years. Their space is warm, inviting, and filled with great creative energy. They are located near I-17 and Camelback Rd. in the central Phoenix area.

How to Prepare for the CircleSong Group:

You only need to bring yourself and an open mind to the group (and some water would also be a good idea). Please do NOT bring any instruments (besides your voice). Please complete the attached registration form and agreement and bring it with you to your first group. If you forget, you can fill one out when you arrive. Please plan to arrive 15 minutes early so that we can begin the group on time and get to some singing.



What to Expect at the CircleSong Group:

Krylyn is a trained facilitator, psychotherapist, and life coach skilled in several modalities to address issues that inevitably come up related to participating in new experiences, such as taking risks, singing in front of others, “stage fright,” and overcoming fear. She uses her intuition to guide her in the moment to address the groups’ needs. The first few minutes of each group will be spent explaining the CircleSong process and expectations, and preparing for the circle by doing exercises designed to prepare your mind and body for the creative singing process (and letting go of anything that’s getting in the way). The bulk of the group will be spent singing, with Krylyn creating in-the-moment musical phrases and passing them along to the group to sing, then soloing in the circle. As you feel more comfortable, you will be invited to solo in the circle and even lead your own circle, however there is never any pressure for you to do so.

Registration and Cost:

REGISTRATION IS REQUIRED so that we know how many people are coming and can prepare the space accordingly. You can choose to PREPAY for \$25 via credit card OR simply REGISTER (for free) then pay \$25 at the door (cash, checks, and major credit cards are accepted). Please register online at <http://circlesongs.eventbrite.com>.

About CircleSongs Phoenix Facilitator – Krylyn

Krylyn wrote her first song at age 8 and by age 14 was composing full arrangements. Songwriting was her “drug of choice” as a teenager dealing with the effects of being raised in a chaotic home by parents who abused alcohol as a way to cope with their untreated mental illness. She now uses songwriting as a form of self-care, using the power of creativity for healing for herself and her clients.



*Krylyn and Bobby McFerrin
September 2, 2011*

Professionally, Krylyn was drawn to the healing professions. She received a Bachelor of Arts in Psychology and a Master of Counseling. She is a psychotherapist turned life coach, helping people creatively move through fear in order to live the lives they deserve.

Having been strongly influenced in the 1980’s by singer Bobby McFerrin, Krylyn has strived to include improvisational and a capella elements in her music ever since. In August 2011, she traveled to New York, braving Hurricane Irene, tropical storms, and flooding, to study improvisational singing techniques with her idol Bobby McFerrin (pictured with Krylyn to the left) and his team of faculty from around the country: Joey Blake, Judi Donaghy, Christiane Karam, Rhiannon, and David Worm. With Bobby’s blessing, she has committed to bringing the CircleSong process to her local community.

Still Got Questions?

Feel free to contact Krylyn if you have any questions about CircleSongs Phoenix: 602-696-8699, krylyn@krylyn.com.

Learn More:

To hear samples of CircleSongs Krylyn has created and led and find out more about her work, please visit <http://www.krylyn.com/circlesongs>.



Registration Form and Agreement

*Print this page, fill it out, sign it, and bring it to with you to your first CircleSong group.
Remember to also register to attend the group at <http://circlesongs.eventbrite.com>.*

Name: _____

Email: _____ Phone: _____

Level of Vocal/Musical Ability:

- High (have studied music and/or performed professionally)
- Medium (have studied some music and have some performance experience)
- Low (have sung to the radio and/or have general interest in music)

Comments: _____

Area of town where you live:

- Central (Phoenix)
- East (Mesa, Chandler, Gilbert, Tempe)
- North (Anthem, New River)
- Northeast (Scottsdale, Cave Creek, Carefree)
- Northwest (Glendale, Peoria, Surprise)
- West (Avondale, Laveen, Buckeye)

Major Cross Streets: _____

By signing below, I hereby acknowledge that:

1. I have read and understand the CircleSong process and agree to support myself and my fellow singers by contributing to a safe, non-judgmental environment where we can express our creativity freely.
2. I will be signed up for Krylyn's email list (if I am not already) to receive her newsletter and updates about her workshops, services, products, and other offerings.
3. The CircleSong sessions may be recorded and Krylyn or her representatives may use the recordings for promotional purposes.
4. I may purchase a recording of any CircleSong session for an additional fee.

Signature

Date